



TREATMENT WORKS | RECOVERY IS POSSIBLE

# the freudian slip

WWW.ALABAMAPSYCH.ORG

## Maria Oquendo takes office as APA president



ARLINGTON, Va. — Maria Oquendo, MD, began her one-year term as president of the American Psychiatric Association (APA) at the conclusion of the APA Annual Meeting in Atlanta on May 18. At the same time Anita Everett, MD, began her term as president-elect.

At the APA Annual Meeting Opening Session, Dr. Oquendo introduced her theme for the coming presidential year, “Prevention Through Partnerships.” She emphasized that prevention is the future of American medicine and of psychiatry and that the

best way to work toward prevention will be through collaboration with colleagues in primary care and other specialties.

“In thinking about the many ways that APA makes a difference for our members and our patients every single day, it seems to me that we can also leverage our membership and leadership to develop partnerships with other disciplines in medicine and with the community,” Dr. Oquendo said.

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## APA offers free webinar on MACRA

**Payment Reform and Quality Reporting under the MACRA**  
**Wednesday, June 29**  
**11:00 a.m. - 12:00 p.m.**

The Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) permanently repealed the old Medicare SGR formula and set in motion entirely new programs for quality reporting and new payment models.

What will this mean for your practice? On Wednesday, June 29, from 11:00 a.m. to 12:00 p.m., the American Psychiatric Association (APA) will host a live, free webinar to educate you about several key features of MACRA.

Learn more about:

- The new Merit-Based Incentive Payment System (MIPS)
- MIPS bonuses and penalties
- MIPS reporting
- Additional resources available

Click [here](#) to register or follow the link at [www.alabamapsych.org](http://www.alabamapsych.org).



## WHAT'S UP AROUND THE STATE...

## Birmingham



## BIRMINGHAM PSYCHIATRIC SOCIETY



For More information about the Birmingham Psychiatric Society, contact BPS President Paul O'Leary,

MD at [dr.paul@me.com](mailto:dr.paul@me.com).

## Central Alabama

For More information about the Central Alabama Society, contact Linda Teel at (334) 288-9009 ext. 207 or [linda.teel@mpa1040.com](mailto:linda.teel@mpa1040.com).



## Mobile



For more information about the Mobile Bay Psychiatric Society, contact James Hart, DO, at

[jimfb@icloud.com](mailto:jimfb@icloud.com).

## Tuscaloosa

If you live in the Tuscaloosa area and would like to get connected with your fellow colleagues, check out the Tuscaloosa



Chapter of APPA. Contact Thaddeus Ulzen, MD, at [tulzen@cchs.ua.edu](mailto:tulzen@cchs.ua.edu) for more information. 🌐

## Volunteers sought for APPA Committees

The viability of the Alabama Psychiatric Physicians Association is highly dependent on the active participation of all members. Just paying annual dues and attending an occasional meeting is not sufficient to keep our association strong enough to support and augment the professional activities of our psychiatric community in Alabama.

A very important avenue of participation in APPA is to serve on a committee. The Executive Council is seeking volunteers to serve on the following committees for 2016-2018:

- Education Committee
- Ethics Committee
- Legislative Committee
- Early Career Psychiatrist Committee
- Resident-Fellow and Student Committee (replaces Member-in-Training)
- Public Affairs Committee
- Social Media Committee

Active participation and contribution to the activities of the association is required of those members who wish to apply for higher office or be selected as a Fellow or Distinguished Fellow in the American Psychiatric Association.

If you are interested in serving on a committee or learning more about the responsibilities, please contact APPA Executive Director **Jennifer Hayes** at (334) 954-2500. 🌐

## Ready to take the next step in your career?



Become a Fellow of the APA and earn the FAPA designation. Fellows are committed to psychiatry and the ongoing work of the APA. Be among the prestigious 25 percent of APA general membership. There are no additional fees or dues payments, just complete the application.

- Fellow status is an honor that reflects your dedication to the work of the APA and signifies your allegiance to the psychiatric profession.
- You are recognized by your colleagues in the Association as a member of a very select group.
- All newly appointed Fellows are publicly recognized at the Convocation of Distinguished Fellows, which is held every year during APA's Annual Meeting.
- You receive a lapel pin in recognition of your status.

Find guidelines and criteria for eligibility online at [https://psychiatry.org/wp-content/uploads/2016/03/General-Fellow-Application\\_2016.pdf](https://psychiatry.org/wp-content/uploads/2016/03/General-Fellow-Application_2016.pdf). 🌐

## APA President continued

Dr. Oquendo is currently the residency training director at the New York State Psychiatric Institute and Columbia University, where she started as a community psychiatrist. She is professor and vice chair for education at Columbia University. Dr. Oquendo also serves as vice president of the American Foundation for Suicide Prevention and serves on the American College of Neuropsychopharmacology's Council and the National Institute of Mental Health's National Advisory Mental Health Council.

"This is an amazing time to be a psychiatrist because the field is on the cusp of major discoveries," Dr. Oquendo said. "We know more about the brain than ever, and new treatments – ranging from pharmacology to behavioral interventions – are being developed. We are poised to join our sister disciplines in medicine to develop preventive strategies. I'm excited about this opportunity to lead the APA at this important time." 🌐

# Alabama Medicaid Agency to make PDL changes effective July 1

Effective July 1, 2016 the Alabama Medicaid Agency will:

1. Include the Disease-Modifying Antirheumatic Drugs (DMARDs) in the Preferred Drug List (PDL).
2. Implement a “Preferred with Clinical Criteria” program. For select drug classes, Alabama Medicaid will require clinical criteria be submitted for preferred products on the PDL. Preferred products will require a prior authorization request be submitted. Clinical criteria must be met in order to be approved. Non-preferred products will continue to require prior authorization; for a non-preferred product to be approved, failure with a designated number of preferred agents and clinical criteria must be met. Alabama Medicaid will begin with the following classes:
  - DMARDS
  - Hepatitis C Antivirals
3. Require prior authorization (PA) for payment of all methadone products (including generics).
4. Update the PDL to reflect the quarterly updates.

PDL Additions	
Kitabis	Aminoglycosides
guanfacine ER	Cerebral Stimulants/ADHD
Cimzia <sup>cc</sup>	Disease-modifying Antirheumatic Agents
Enbrel <sup>cc</sup>	Disease-modifying Antirheumatic Agents
Humira <sup>cc</sup>	Disease-modifying Antirheumatic Agents
Toviaz	Genitourinary Smooth Muscle Relaxants
Harvoni <sup>cc</sup>	HCV Antivirals
Technivie <sup>cc</sup>	HCV Antivirals
Viekira Pak <sup>cc</sup>	HCV Antivirals
PDL Deletions	
Intuniv	Cerebral Stimulants/ADHD
alogliptin	DPP-4 Inhibitors
alogliptin/metformin	DPP-4 Inhibitors
alogliptin/pioglitazone	DPP-4 Inhibitors
Kombiglyze	DPP-4 Inhibitors
Onglyza	DPP-4 Inhibitors
Tradjenta	DPP-4 Inhibitors
Jentadueto	DPP-4 Inhibitors
methadone	Opiate Agonists
Ventolin HFA*	Respiratory Beta-adrenergic Agonists

<sup>cc</sup> Preferred with Clinical Criteria

\* Product was temporarily preferred due to shortage of preferred agents

For additional PDL and coverage information, visit the Agency’s [drug look-up site](#) or follow the link from [www.alabamapsych.org](http://www.alabamapsych.org).

The PA request form and criteria booklet, as well as a link for a PA request form that can be completed and submitted electronically online, can be found on the Agency’s website at [www.medicaid.alabama.gov](http://www.medicaid.alabama.gov) and should be utilized by the prescriber or the dispensing pharmacy when requesting a PA. Providers requesting PAs by mail or fax should send requests to:

Health Information Designs (HID)  
 Medicaid Pharmacy Administrative Services  
 P. O. Box 3210 Auburn, AL 36832-3210  
 Fax: (800) 748-0116  
 Phone: (800) 748-0130

Incomplete PA requests or those failing to meet Medicaid criteria will be denied. If the prescriber believes medical justification should be considered, the prescriber must document this on the form or submit a written letter of medical justification along with the PA form to HID. Additional information may be requested. Staff physicians will review this information.

Policy questions concerning this provider notice should be directed to the Pharmacy Program at (334) 242-5050. Questions regarding PA procedures should be directed to the HID help desk at (800) 748-0130. 🌐

## House Committee votes to advance Mental Health Bill

*APA Headlines, June 16, 2016*

*The Hill* (6/15, Sullivan) reported that on June 14 by a vote of 53-0, the House Energy and Commerce Committee voted to advance HR 2646, “The Helping Families in Mental Health Crisis Act.” The measure now advances to the full House floor.

A related article in *The Hill* (6/15, Sullivan) reports that “House leadership is tentatively planning to bring a mental health reform bill to the House floor in September, according to Energy and Commerce Committee Chairman Fred Upton (R-Mich.)” Upton also “noted the strong, bipartisan vote could aid advocates

of bringing up the bill sooner.”

*US News & World Report* (6/15, Leonard) points out, however, the amendments to the bill, “including one that would have allowed the Centers for Disease Control and Prevention to research gun violence, were voted down on party lines.” Nevertheless, “advocates for research appear to be gaining momentum.” On June 14, the American Medical Association “called gun violence a ‘public health crisis’ for the first time and vowed to lobby Congress to lift the ban on gun violence research.” 🌐

SAVE *the* DATE

## Coming Attractions

### 2016 APPA Fall Conference

October 8 | Embassy Suites Hotel | Tuscaloosa  
Reserve your room by calling (800) 362-2779

### 2017 APPA Spring Conference

April 21-22 | Montgomery Renaissance Hotel and Spa

### 2017 APPA Fall Conference

(Tentative)

October 14 | Ross Bridge Resort, Birmingham

### 2018 APPA Spring Conference

April 20-21 | Embassy Suites, Montgomery

## Free publication focuses on mental health in the workplace

*Mental Health Works* is a free monthly publication focused on mental health in the workplace. This resource highlights research related to mental health and the workplace, case examples from companies successfully implementing mental health strategies, and tools you can apply to your workplace.

The Partnership for Workplace Mental Health reviews the research, identifies trends and highlights innovative employer strategies through our publications.

- *Mental Health Works* - A monthly publication focused on mental health in the workplace. Each issue features examples of employer approaches to mental health, quick summaries of relevant research, upcoming conferences and resources to address mental health at the workplace.

- Surveys - Periodically, the Partnership will conduct or collaborate with organizations to conduct surveys on a variety of topics related to mental health and the workplace.

In addition to their regular publications, subscribers also receive advanced notice of unique Partnership publications and activities. **Subscribe today!**

*Current Issue: Study finds that gender pay gap contributes to increased rates of depression and anxiety among women*



## Does your practice manager read *the freudian slip*?

Make sure your practice manager is in the know and receiving the latest information from APPA. Email [Charlotte Morris](mailto:cmorris@alamedical.org) at [cmorris@alamedical.org](mailto:cmorris@alamedical.org) with your practice manager's name and contact information to make sure he or she is receiving *the freudian slip* each month by email. Read past issues of *The Freudian Slip* online at [www.alabamapsych.org](http://www.alabamapsych.org) and click on News. 

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