



TREATMENT WORKS | RECOVERY IS POSSIBLE

the freudian slip

WWW.ALABAMAPSYCH.ORG

VA issues final rule on advanced practice registered nurses

Rule effective Jan. 13

The Department of Veterans Affairs (VA) has amended its medical regulations to permit full practice authority of three roles of VA advanced practice registered nurses – Certified Nurse Practitioners (CNP), Clinical Nurse Specialists (CNS) and Certified Nurse-Midwives (CNM) – when they are acting within the scope of their VA employment. Certified Registered Nurse Anesthetists (CRNAs) will not be included in VA's full practice authority under this final rule, but comment is requested on whether there are access issues or other unconsidered circumstances that might warrant their inclusion in a future rulemaking.

In July, APA submitted formal comments concerning the release of the VA's proposed rule. The comments emphasized the vast difference in training that physicians receive versus advanced practice nurses and suggested that integrated care models are a better option for managing the care of VA patients.

[Read the final rule.](#)

Call for Abstracts: APPA Spring Conference

APPA invites residents and fellows to submit poster presentations for display at the 2017 Spring Conference in Montgomery, April 21-22. Poster abstracts are peer reviewed and posted online, so they count as "Published Abstracts" on your curriculum vitae. This is a very easy way to build your academic portfolio! **Plus, the top posters receive cash prizes.**

Send abstracts to Lengeriser@altapointe.org and he will forward them to the scientific committee for review. Please print your poster at a size of 24 by 36 inches so that they will fit on our presentation boards.

See sample abstracts in the [Members-in-Training](#) section of APPA's website. **The deadline to submit abstracts is March 24.**

Because of a grant from the American Psychiatric Association, residents and fellows may attend the spring conference for free! (Pre-registration is required.)

Find more information about the Spring Conference online at www.alabamapsych.org/residents.

Registration is open!

APPA's
Spring
Conference

April 21-22, 2017

Renaissance Montgomery Hotel and Spa

Rate is \$135. Room Block expires March 22. [Reserve a room online](#)
or call (800) 468-3571.

Register online at www.tinyurl.com/APPA2017SpringConference.

APA President-elect: A word from the candidates



Rahn Kennedy Bailey, MD, DFAPA

As Chairman of Department of Psychiatry at Wake Forest Baptist Health Center in Winston-Salem, NC, I have witnessed, with the entire department, many positive changes. In cooperation with our new vice-chair, Dr. Richard Blanks, and our new residency training program director, Dr. Josephine Mokongho, the residency program has successfully been filled in the last 3

match processes. A total of 7 interns are selected each year.

The Wake Forest Psychiatry neuromodulation program has introduced the Transcranial Magnetic Stimulation (rTMS) modality, to complement the already established Electroconvulsive Therapy (ECT) program. The total number of ECT procedures performed over the past year was roughly 1500 treatments. The program is run by the department's clerkship director, Dr. Predrag Gligorovic. Notably, our clerkship was awarded best Medical Clerkship in WFSOM. Our vision to expand the neuromodulation program includes interdepartmental collaboration with other specialties in Wake Forest Baptist Health System on TMS utilization.

Our department's substance abuse treatment program recruited Dr. Margaret Rukstalis, our addiction psychiatrist, as well as certified providers for opiate maintenance. Our MAT program is set to incorporate the use of the Probuphine implant in the maintenance treatment of opioid dependence.

We had our first annual research symposium on Oct. 11, 2016. Our theme was "Improving Behavioral Health Care across the Lifespan." Faculty and residents showcased their research, abstracts, and close to 30 poster presentations.

The telepsychiatry program kicked off on Dec. 12, 2015, at 2 satellite clinical facilities, in Lexington and Davie counties. We are anticipating the addition of a third site in April of 2017.

In keeping with these positive trends, my platform as candidate for American Psychiatric Association President-Elect promotes three components. The first is expanding APA membership. As Chairman of the APA Membership Committee, I have been privileged to witness an upward trend in our Association's membership, to reach a ten-year high. I aspire to continue working with all APA colleagues to maintain this increase. The second is addressing scope of practice and maintenance of certification (MOC) issues. The scope of mental health care practice should be redefined to recognize psychiatrists at the forefront of the mental healthcare profession, with their specialized medical training. MOC must be adapted to current fast-paced medical practice, and there is a need to reduce its costly and burdensome requirements. Last but not least, we are focusing on enhancing reimbursement for psychiatric professions, to make it on par with our colleagues in other medical disciplines.

All in all, our goal is to continue upholding the APA's mission: to promote the highest quality care for individuals with mental illness, including substance use disorders, and their families, promote psychiatric education and research, to advance and represent the profession of psychiatry, and to serve the professional needs of its membership. 🌍



Altha J. Stewart, MD

Thank you for the opportunity to provide this statement to the Alabama Psychiatric Physicians Association and share my experience and priorities for APA with APPA members. My career and professional work spans three decades, including work as a clinician and administrator in large public MH systems in Michigan, New York, Pennsylvania, and now your neighbor to the north, Tennessee. I am Associate Professor/Chief of Social and Community Psychiatry, and Director, Center for Health in Justice Involved Youth at the University of Tennessee Health Science Center in Memphis, TN.

As the APA Secretary, I have served as a member of the Board of Trustees for almost 2 years and sit on the Executive Committee. That makes me unique on this year's President-elect slate and means I will hit the ground running, which is essential given the brevity of an APA President's tenure. My professional background includes serving as the elected President of three national Psychiatric organizations over the last two decades. I'm a proven leader and believe that these experiences show that I truly understand the breadth of issues facing many APA members. I will be an accessible APA President, open to hearing from members about their concerns and committed to working to solve problems. I know I have the leadership skills needed and that my professional experience has prepared me perfectly to serve in this key position.

It would be an honor to lead the APA BOT in addressing the critical issues facing our profession. While we are the clear experts in the treatment of psychiatric illnesses, including those co-occurring with chronic medical conditions, there is still work to be done to assure we remain in leadership positions in today's changing healthcare systems. We are leading efforts to improve mental health services for military personnel and incarcerated individuals, but they still receive inadequate care or receive their care in inappropriate settings. We are advocating for health care reform and true parity for persons with mental illness, but we must continue work to maintain our leadership role to ensure that our patients receive quality psychiatric treatment and that psychiatrists are appropriately compensated for their work. Finally, our members need support to deal with the challenges of the administrative burdens of current regulatory, legislative and reimbursement systems and with the challenges of MOC.

As APA President, my priorities will be to:

- Advocate for regulatory and fiscal policy realignment and accountable payment structures at federal and local levels
- Improve communication with members and strengthen relationships with medical colleagues to expand access through collaborative care models
- Work to make APA relevant to members to promote increased member involvement at all levels, with expanded mentoring and leadership opportunities for RFMs and ECPs 🌍

Voting ends. Jan. 31. Visit www.psychiatry.org for details.

WHAT'S UP AROUND THE STATE...

Birmingham



BIRMINGHAM PSYCHIATRIC SOCIETY



For More information about the Birmingham Psychiatric Society, contact BPS President Paul O'Leary,

MD at dr.paul@me.com.

Central Alabama

For More information about the Central Alabama Society, contact Linda Teel at (334) 288-9009 ext. 207 or linda.teel@mpa1040.com.



Mobile



For more information about the Mobile Bay Psychiatric Society, contact James Hart, DO, at

jimfb@icloud.com.

Tuscaloosa

If you live in the Tuscaloosa area and would like to get connected with your fellow colleagues, check out the Tuscaloosa



Chapter of APPA. Contact Thaddeus Ulzen, MD, at tulzen@cchs.ua.edu for more information. 

APA awards Distinguished Fellow, Fellow status

Congratulations to the following physicians on their recent membership promotion:

Distinguished Fellow

Nabajyoti (Neal) Kakati, MD, Tuscaloosa

Fellow

Timothy L. Carpenter, DO, Muscle Shoals


Richard E. Kennedy, MD, Trussville

Li Li, MD, PhD, Mountain Brook

Bryant K. Mahaffey, MD, Decatur

Sanjay Malhorta, MD, Huntsville

Seth L. Strauss, MD, Mobile

Each of these physicians will be recognized on Saturday, April 22, at the APPA Spring Conference as well as the APA Convocation of Distinguished Fellows during the APA Annual Meeting in San Diego, Calif., on May 22. 

Registration is open for APA's Annual Meeting: Prevention Through Partnerships

May 20-24, 2017, San Diego, Calif.

The field of psychiatry continues to change rapidly because of new science, technologies, systems of care, collaborations and partnerships. This year's APA Annual Meeting in San Diego will help you stay abreast of the changes, make new connections and renew old ones.


One important area of change for the field of psychiatry is the movement toward prevention and wellness, and impacting patient care through the development of partnerships. Early identification of potential signs and symptoms as well as early intervention can positively affect many cases related to preventing or minimizing the impact of mental illness. Partnerships with disciplines in medicine, paraprofessionals and community development sectors will be key to advancing the future of mental health.

Participating in this year's Annual Meeting will provide you with the knowledge and understanding to help you effectively practice in this rapidly changing environment, including the latest research, best practices, innovative approaches and more.

View meeting details [online](#). 



APA Course of the Month: *Evaluating and Managing Agitated Patients*

Each month, members have access to an online course on a trending topic. The January course is *Evaluating and Managing Agitated Patients*, taught by Rachel Glick, MD, University of Michigan. This presentation reviews evolving approaches to managing agitated patients and offers suggestions to help not only psychiatric residents and trainees, but also seasoned emergency department and psychiatric emergency services staff to manage difficult patient populations. [Access the course here](#). 

SAVE *the* DATE

Coming Attractions

2017 APPA Spring Conference

April 21-22 | Montgomery Renaissance Hotel and Spa

2017 APPA Fall Conference

October 28 | Ross Bridge Resort, Birmingham

2018 APPA Spring Conference

April 20-21 | Embassy Suites, Montgomery

2018 APPA Fall Conference

October 6 | Battle House, Mobile

2019 APPA Spring Conference

April 5-7 | Sandestin Golf and Beach Resort, Florida

LA Psychiatric Medical Association, MS Psychiatric Association in collaboration with LA & MS Councils for Child & Adolescent Psychiatry Present:

2017 Annual Spring Meeting, Feb. 17 - 19


Grand Hotel Marriott Resort, Golf Club & Spa
One Grand Boulevard, Point Clear

The Alabama Psychiatric Physicians Association has been invited to participate in the Louisiana and Mississippi psychiatric association's spring meeting. Up to 14 *AMA PRA Category 1 Credits*[™] are available. The full schedule and registration is available at www.lpma.net/calendar.

Integrated care training for psychiatrists and primary care providers

If you cannot attend the entire meeting, Saturday morning will offer training on the principles of collaborative care, applying an integrated care approach and practicing integrated care skills for psychiatrists.

Room cut off is Jan 18 at 5:00 p.m. Call (251) 929-2794 or [reserve a room online](#).

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Psychiatric Association (APA) accredited provider and the Louisiana Psychiatric Medical Association and Mississippi Psychiatric Association. The APA is accredited by the ACCME to provide continuing medical education for physicians. The APA designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. 



the
freudian
slip

Alabama Psychiatric Physicians Association

19 S. Jackson Street |
Montgomery, AL 36104
(334) 954-2500
Fax (334) 269-5200
www.alabamapsych.org

Tarak Vasavada, MD,
Publisher
Jennifer Hayes,
Executive Editor
Charlotte H. Morris,
Senior Editor

Articles or advertisements should be sent to Charlotte H. Morris, at cmorris@alamedical.org two weeks in advance of printing.

The Freudian Slip is published bimonthly. The articles contained in The Freudian Slip are meant to provoke thought and comment and do not necessarily reflect the views and opinions of the members, Executive Council or staff of the Alabama Psychiatric Physicians Association. Comments and letters to the editor are welcome.