



ALABAMA PSYCHIATRIC  
PHYSICIANS ASSOCIATION  
A District Branch of the American Psychiatric Association

# APPA Fall Conference

October 26-27, 2018

The Battle House Renaissance Mobile Hotel & Spa

## APPA 2018 Fall Conference Agenda

### FRIDAY, OCTOBER 26

6:00 p.m. – 8:00 p.m.  
Welcome Reception  
Mobile Carnival Museum

### SATURDAY, OCTOBER 27

7:00 a.m. – 7:50 a.m.  
Registration and Breakfast with  
Exhibitors; Poster Viewing

7:50 a.m. – 8:00 a.m.  
Welcome

8:00 a.m. – 9:30 a.m.  
**The Incest Taboo - From Freud to Now**  
Mark Erickson, MD, Associate Clinical  
Professor of Psychiatry (retired),  
University of Washington

9:30 a.m. – 9:45 a.m.  
Morning Break with Exhibitors  
Poster Viewing

9:45 a.m. – 11:15 a.m.  
**Use of Hormones in Mental Health Care**  
Richard E. Blackwell, PhD, MD,  
Professor Emeritus, Department of  
Obstetrics and Gynecology, University of  
Alabama - Birmingham

11:15 a.m. – 12:15 p.m.

**Evaluating and Treating Athletes with  
Mental Health and Substance Use  
Disorders**

Stephen M. Taylor, MD, MPH, FASAM,  
Chief Medical Director, Behavioral  
Health Division, Pathway Healthcare,  
LLC

12:15 p.m. – 12:45 p.m.

Lunch, Poster Awards, Presentations

12:45 p.m. – 2:15 p.m.

**Why Most of the DSM is False**

Nassir Ghaemi, MD, MPH, Professor of  
Psychiatry at Tufts Medical Center in  
Boston; Clinical Lecturer at Harvard  
Medical School

2:15 p.m. – 2:30 p.m.

Afternoon Break

2:30 p.m. – 4:30 p.m.

**Sound Medicine: The Impact of  
Communication in Healthcare**

Stephen Shows, JD, Senior Risk Advisor,  
ProAssurance

4:30 p.m.

Evaluation/Adjourn

### 2018 Fall Conference Objectives

- Acquire a widening of conceptual and diagnostic framework, and become aware of the insufficiencies of current diagnostic concepts and processes.
- Name endocrinological factors and safe treatments in psychiatric patients with hormonal abnormalities.
- Recognize the dilemma involved in performance enhancing drugs, addiction risks, and needed treatments in high school and college athletes.
- Identify findings about intra-familial suppression or enhancement of sexual attraction, and apply the Westermarck effect and related findings to a clinical population.
- Describe prime risk scenarios, safe diagnostics, treatment and documentation strategies, and ways to provide safety to patients, coworkers and physicians.

### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and the Alabama Psychiatric Physicians Association. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

### Designation Statement

The Medical Foundation of Alabama designates this live activity for a maximum of 7.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### REGISTRATION

Register online at [www.tinyurl.com/APPA2018FallConference](http://www.tinyurl.com/APPA2018FallConference) or mail form to APPA Fall Conference, Attn. Meghan Martin, PO Box 1900, Montgomery, AL 36102-1900. Fax (334) 269-5200.

### ACCOMMODATIONS

The APPA room block at the Battle House Renaissance Mobile Hotel & Spa has closed. Call (866) 316-5957 to check on availability.

[www.alabamapsych.org](http://www.alabamapsych.org)